


HOLYHABITS

Prayer



Can everyday activities
be acts of prayer?



The
United
Reformed
Church

For more information:
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Holy Habits and the accompanying study booklets can help you and your church explore these questions and more as we seek to Walk the Way, living the life of Jesus today, wherever we are and whatever we face.

Walking
the Way

Living the life of Jesus today

To find out more visit:
urc.org.uk/Holy-Habits