

1 Northern

Spring: **13 March**
Autumn: **16 October**

2 North Western

Spring: **17 March**
Autumn: **TBC**

3 Mersey

Spring: **13 March**
Autumn: **16 October**

4 Yorkshire

Spring: **13 March**
Autumn: **9 October**

5 East Midlands

Spring: **27 March**
Autumn: **9 October**

6 West Midlands

Spring: **13 March**
Autumn: **15 to 16 October**

7 Eastern

Spring: **20 March**
Autumn: **9 October**

8 South Western

Spring: **13 March**
Autumn: **16 October**

9 Wessex

Spring: **13 March**
Autumn: **9 October**

10 Thames North

Spring: **20 March**
Autumn: **16 October**

11 Southern

Spring: **13 March**
Autumn: **9 October**

12 Wales

Spring: **6 March**
Autumn: **16 October**

13 Scotland

Spring: **13 March**
Autumn: **TBC**