

One-off event that involves others – eg organise a clothes swap; litter pick; hedgehog highway creation.

Personal lifestyle sustained change –eg walk/cycle rather than drive; eat less meat; buy organic; use eco cleaning and personal products.

Reduce waste – eg buy less single use items; choose products without plastic packaging; find a refill station for household products.

Go Deeper: wonder | question

How does God feel about creation now?

What did God mean by making us rulers and stewards?

Can we fix it with God's help?

Ep 6: Genesis 1: The Earth is the Lord's

Bible Text: **Genesis 1-2**

Connect: think | write | doodle

Pray: in |out | up

Go outside to pray:

In – Sit or stand silently for 5-10 minutes – become aware of your Creator through being present to creation with all your senses

Out - Look around - find 5 ways in which nature is flourishing, and 5 ways that nature is suffering - take photos and share these with your thoughts (social media/blog), offering thanks and asking for forgiveness

Up – Read Psalm 19:1-6 – The Voice version and St Francis' <u>canticle</u> – add your own verses to these songs of praise to our Creator God