

Write a letter to yourself to read in a year's time, sharing:

- how you feel and what you are praying about;
- your dreams and how God is leading you at this time;
- what is God teaching you and how are you are changing.

Read the passage in a different translation

Do you have a dream?

Have you ever feared the worst?

Have God's plans ever surprised you?

Go Deeper: wonder | question

Pray: in |out | up



Bible Text: Genesis 37

Connect: think | write | doodle

PRAY - when things go wrong / everything seems difficult: like Jacob – grieving for what is lost... like Joseph – feeling helpless and powerless... like the brothers – living with consequences of their actions...

In – Tell God what you are grieving for, where you feel powerless, what you regret – lament.

Out – Ask for comfort for those who are grieving, courage and strength for those who are powerless, forgiveness and peace for those who are troubled.

Up – praise and thank God for the promises we wait to see fulfilled – wiping every tear; lifting the powerless; forgiving.

Find some of God's promises that speak to your situation – and praise God for them.



Helpful Links: Vocation reflections | Your work matters | Colouring