



Make an effort to worship God privately this week through fasting or charitable giving or doing unseen good deeds.

Pray for the kingdom to come: [join HOPE 2020](#) on 20th at 20:20 to pray for 20 minutes.

Find out about more about an organisation campaigning for justice and find a way to tell others about it.

Go Deeper:
wonder | question

What **worries do you have** right now?

Can you think of anyone in your life who is an **inspiring example**?

What would you like to **challenge** about how the world is right now?

Pray: in | out | up

PRAY the Lord's Prayer three times (you could even [sign it](#)) and really focus on the meaning of the words in the prayer.

The first time use the Lord's prayer to pray for yourself; second to pray for others; third to worship God.

IN: Give us our daily bread and forgive us our sins
Lead us not into temptation but deliver us from evil

OUT: Your kingdom come, Your will be done on earth as it is in heaven.
as we forgive those who sin against us

UP: Our Father in heaven, hallowed be your name
For yours is the kingdom, the power and the glory.

Use the Lord's Prayer as a daily prayer with a resource from [Youth Assembly 2020](#) or [sing it](#)].

Ep 2: Social Justice

Bible Text: **Matthew 6**

Connect: think | write | doodle

