



Superhero



trail



Can you



find

the



superheroes

on your



walk?



Go

so



quietly

that



nobody



can



hear



you

 Listen to the  sounds  around  you

 of things that  God  made

 birds,  wind,  people,  trees

 say  THANK YOU  GOD

 Fly like the  wind to the  next  station

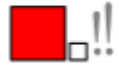




God has given you a smile to cheer people



+



Look in the mirror and give your biggest smile.






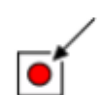
Sneak up to the next station as though you are










invisible







 Choose a coloured beanbag and throw it into a

 bucket.  Keep trying  until it goes  in.

 God  wants  us to keep on  trying and

 helps  us to be  patient.



 Stomp to the  next  station as  noisily as  you can.





God



wants



us



to share



the

joy

of



loving



Jesus

-

-



shout

+



sing

+



and

dance.



Race

like



flash

to the



next




station.





Everything we do or say can affect others and

God. Let's say sorry by dropping a stone into a bowl








 of water .



Make yourself as tiny as you can on the way to







the next station







      
God gives us strength to face big problems.

        
Use your body to knock down a wall of boxes.







     
Skip or zigzag to the final station



Let's  massage each other's  hands with some  nice 

 ointment.

 Jesus  wants us to  care for  each other.

 You  are a superhero for  Jesus

