



Welcome (Parents and Carers asked to stay until after the Pilots Prayer)

Welcome back to Friends on Faith Adventures. We are looking forward to going on a journey and nobody knows where we will end up. All we know is we have got our crate filled with adventure and an open path ahead. So, hold on tight and enjoy the ride!!

Let's hear about FOFA bear and FOFA cam's adventures this week and how everyone got on with the Walking the Way challenge. (Encourage everyone, including parents and carers, to join in.)

The Pilots Prayer

Lord help us to be:

Prepared for adventure

In all we do.

Loving and caring,

Open to others

Together as one community

Sharing the love of Jesus on our way.

Amen

Fun Together

Game

What you need:

- Blindfolds
- A number of different foods with different tastes and textures.

Keep the foods secret. Select two children. Place a blindfold on each. The aim of the game is for the children to identify the food product through taste alone. The winner being the one that can identify the most. Consider using some food like cold spaghetti or beans.





Game

Blame game

- o We're all going to stand in a circle
- o The leader (that's me) starts by pointing at someone. [point at someone]
- o The leader keeps pointing at that someone while that someone now points at someone else.
- o That someone else now points to someone else (who isn't yet pointing), until everyone is pointing at someone else (last person can point at whomever, preferably the leader).
- o Now, the person you are pointing at is your idol.
- o Stop pointing at your idol and instead, just stare at your idol
- o Everyone is to hold perfectly still
- o If your idol moves, then you are to do exactly what he/she just did.
- o If they talk, or make a sound, or blink, or flinch or sway, then you do exactly what they did.
- o You MAY NOT move unless your idol moves and then you are only doing EXACTLY what your idol is doing.
- o **Note**: This may get very funny very quickly or may take a while, so it is good to have a few leaders involved who could throw some movements into the game.
- We were supposed to hold still, but what happened?
- So who started moving first? Whose fault was it that we moved? (let them blame each other for a few moments)
- How much does it really matter who started it, once it got started?
- It really is easy to blame each other, isn't it?
- Why is it easier, do you think, to blame one another instead of taking responsibility for our own actions? (it is easier if others have to change, instead of having to the do the hard work of change ourselves)
- In part of the story today, we'll see how the disciples start doing the same thing to each other.

Game

Wink Murder

Get all the children to sit in a circle. Get one of the children to leave the room. They will be the detective.

While the detective is out of the room, choose another child to be the murderer. Their job will be to wink at people without getting caught. When a person is winked at, they are dead and they can make their death as dramatic as they like. It is the job of the detective to work out who the murderer is.





The Big Story -

What you will need:

- Picnic blankets
- Food (flour wraps, Carrot sticks, Cucumber sticks, Crisps.)
- Paper cups
- Loaf of bread
- Grape juice
- Stickers with the names of the disciples on them.

Get the children to sit around some picnic blankets on the floor. Have some food - make it plain foods such as flour wraps, carrot sticks, cucumber, humous, crisps, drinks of water or juice etc. Invite the children to eat whilst you tell the story. Place the bread and grape juice in the bag. Give each of the children a sticker with the name of a disciple on it. (It doesn't matter if you don't have 12, but make sure that Judas is amongst the names. Choose carefully which child to designate as Judas or give the Judas name tag to a leader)

тоday's theme is:- Christians eat a special meal together to remember Jesus

Reader 1: So Jesus was sat around with all his closest friends...

Reader 2: Oh, is that the disciples?

Reader 1: Yes, yes, his disciples. Now like we are here today, Jesus and his disciples were sat around having some food. They met in a small room and were sharing stories. You can imagine there were lots of them.

Reader 2: OH, OH, like the time Jesus brought to life someone who had died?

Reader 1: Yes, like that.

Reader 2: Oh, and the time he turned water into wine? That was cool!

Reader 1: Yes, like tha...

Reader 2:and walking on water, that was pretty cool too.

Reader 1: (ask the children) What are your favourite stories about Jesus?

Listen to the stories the children can remember





Reader 1: Well, this meal was just before Jesus died and rose again and quite a lot had happened. Jesus had started to tell his friends that he would die soon.

Reader 2: That's really sad.

Reader 1: Then there was the journey into Jerusalem. That was pretty amazing!

Reader 2: Why? Did they have a limo with all the bling?

Reader 1: Well, not quite. Jesus had ridden into the city on a donkey, but the welcome he got was amazing. There were people lining the streets, shouting and praising, throwing down their coats on the road and waving palm leaves.

Reader 2: You're right. That was pretty amazing!

Reader 1: Then there was a bit of a scandal when Jesus went into the temple. He found people selling stuff in there like in a market and it made him really cross, so he threw them all out and tipped all the tables over!

Reader 2: That would not have gone down well!

Reader 1: No, there were a lot of people upset about that! Then the chief priests and teacher of the law, who thought that they were the only ones that knew about God, tried to trick Jesus so that he would be arrested. They started asking questions about Jesus claiming to be the son of God.

Reader 2: Wow! They had a lot to talk about at this meal then?

Reader 1: Yes, they did. In fact, it was just like we are today; lots of stories, lots of noise, lots of fun.

Reader 2: Yeah, eating together is fun.

Reader 1: Then Jesus got everyone to be quiet and took some bread like this (take some bread from the bag and break it). He broke the bread into pieces and handed it round. He said, "When you eat bread like this, you can remember me and that my body will be broken when I die."

Reader 2: Woah, that was a bit strange!

Reader 1: Then he took a cup of drink (take a cup and some grape juice out of the bag). He passed the cup round so that everyone could share it and said "When you drink like this, you can remember me and that I will bleed when I die".

Reader 2: That's even stranger





Reader 1: Well, Jesus was aware that the time had come when he would die, just as been predicted in the Bible, years before Jesus was born. He was saying this so that, when he was gone, people would continue to remember him every time they ate bread and drank wine.

Reader 2: Which was pretty much all the time.

Reader 1: Exactly. He then said, "One of my friends will betray me. One of you around this table will hand me over to the people who want to get rid of me".

Reader 2: What??? Really?

Reader 1: Well, you can imagine the how that went down! Everyone was looking at each other, trying to work out who he meant.

Reader 2: Yeah, I bet there was a lot of finger pointing and people looking at each other.

Reader 1: All of a sudden, Judas (find the Judas sticker and get them to stand) stood up. He said, "Do you mean me, Lord?" Well, it was obvious he was the one, wasn't it? Jesus didn't say so, though. He said "It is you who is saying it, Judas. Go and get on with what you are planning to do".

Reader 2: No way! Judas was one of the disciples. Why would he do that?

Reader 1: He did it for money. The authorities had paid him 30 pieces of silver. So Jesus knew one of his closest friends was going to betray him, and Judas did just that. Jesus was arrested and taken in front of the most powerful men who sentenced him to death. It all happened just as Jesus had said it would.

Reader 2: But it can't end there??!!

Reader 1: No it didn't. The good news is that Jesus also said that him dying would not be the end of the story. He would come back to life and come back to his disciples a few days after his death. And that is what happened. Instead of staying in the grave where he his body had been laid, Jesus rose again and appeared to his disciples several times.

Reader 2: What an amazing story! I wonder what it would have been like to be there at that special meal?





Creative Adventure

You will need:

- Paper cups
- Bamboo plates. (you could use paper plates also)
- https://www.amazon.co.uk/Biodegradable-Disposable-Compostable-Eco-Friendly-Alternative/dp/B07GGR4H1H/ref=sr 1 1 sspa?crid=12KFZM9O1FC9G&keywords=paper+plates +strong&qid=1581334914&sprefix=paper+plates+%2Caps%2C141&sr=8-1-spons&psc=1&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUFJWTJZSTk5VjJCM0EmZW5jcnlwdGVkSWQ9QTA5OTM0MjkzRTRXNUVFMDIXU0JDJmVuY3J5cHRIZEFkSWQ9QTAxMDg0MTQ1M0hOTFRCWUhURVEmd2lkZ2V0TmFtZT1zcF9hdGYmYWN0aW9uPWNsaWNrUmVkaXJlY3QmZG9Ob3RMb2dDbGljaz10cnVl
- Sharpie pens

Decorate the cups and plates. The plate could be decorated with the last supper scene sitting around the table and the names of all the disciples that were there that night. The cup could be decorated with Christian images e.g. grapes, wine, bread, the cross etc.

Wondering questions to use during creative time:

I wonder what other food they were eating that evening?

I wonder what Judas was thinking before Jesus asked the question?

I wonder what the disciples thought about one of their friends betraying Jesus?

The Adventure Map

Explain the Adventure Map and how a lot of the books were written shortly after Jesus's time. They tell us about what Jesus said and did and how his friends lived their lives, sharing with others how to be good followers of Jesus.

Take the young people to the Adventure Map that you have created on the wall. Get the children to find where on the Map today's story came from. Choose one or some of the things created by the





children to be photographed and attach this to the wall to create a visual reminder of where the story came from and your adventure together. The aim is that in a year you will have lots of reminders of the stories and where in the Bible they come from. Use a piece of string or ribbon to connect the photo of the craft work to the book of the Bible.

Walking the Way

This is a time to invite the parents and carers back in to share what the children have been up to during the session. They will also be here to hear about the Walking the Way challenge and the tasks (should they choose to accept them) that the children (and parents) are about to undertake.

For the Younger: FOFA the bear

This is FOFA. FOFA likes nothing more than to go on an adventure; FOFA is a little more adventurous than me. FOFA believes that faith is a journey and that's why FOFA would love to take you on a journey with him and walk the way of God in our everyday lives. Each session FOFA would like to go home with one of you and add to FOFA's scrapbook of things you do together. FOFA doesn't mind if you draw a picture of what you have done, take a photograph or just write a story about it. FOFA also doesn't mind if you just come and tell the rest of us what you got up to together. But because FOFA's memory isn't very good as FOFA's brains are made of stuffing, it would be better to save the memories in the book if you can. At the end of our time together we can always remember the great adventures we have been on together with FOFA and hopefully you will walk a little closer with God.

For the Older: FOFA cam

This camera is your window on the world. You have one shot at this, so choose carefully. You will be given a very precious piece of equipment – a FOFA cam. You have one photo to take with the camera, that records one thing – a way you have met the challenge. If there are other people in the photo, please ask their permission first and explain this photo will be put on display here. Bring back the camera and your photo next time to share your moment - and remember you only have ONE shot at this!

Every time we will choose someone to take FOFA bear and someone to take FOFA cam to help them with the challenge – but we can all have a go at the challenge!

Our Walking the Way Challenge this time is: Look round your home and see whether you can find one or two things or actions that help you remember people, events or places which are special to you





Adventurers Go!

So, today's story tells us the reason that Christians eat a special meal together to remember Jesus

Prayers (choose one)

Lord God, thank you for sending Jesus to be our friend, a friend who loved us so much that he was prepared to die for us.

We are sorry that sometimes we forget that.

We don't always remember the things that he taught us.

We sometimes think we're doing everything no our own.

Help us to remember that Jesus is still alive and is still our friend and, each time we eat or drink something, to remember just how much you love us.

<u>Amen</u>

Active Prayer

Give each of the children a hot cross bun (Asda sell allergen-free/vegan hot cross buns)

Get the children to look at the cross of the bun and think of Jesus on the cross

Get the children to break the bun and think of the last supper and the reminder that Jesus gave us.

Get the children to taste the bun and think of the sweet love that God offers us.

Get the children to save and share some of the bun just like Jesus told the disciples to do about his father's love for others.

Amen

End Prayer Every Session: Altogether

We are Friends on Faith Adventures, travelling together with God.

Adventurers go! Amen





What you need for this session

Games:

- Blindfolds
- A number of different foods with different tastes and textures.

Story:

- Picnic blankets
- Food (flour wraps, Carrot sticks, Cucumber sticks, Crisps.)
- Paper cups
- Loaf of bread
- Grape juice
- Stickers with the names of the disciples on them

Craft:

- Paper cups
- Bamboo plates. (you could use paper plates also)
- https://www.amazon.co.uk/Biodegradable-Disposable-Compostable-Eco-Friendly-Alternative/dp/B07GGR4H1H/ref=sr 1 1 sspa?crid=12KFZM9O1FC9G&keywords=paper+plates +strong&qid=1581334914&sprefix=paper+plates+%2Caps%2C141&sr=8-1-spons&psc=1&spLa=ZW5jcnlwdGVkUXVhbGlmaWVyPUFJWTJZSTk5VjJCM0EmZW5jcnlwdGVkSWQ9QTA5OTM0MjkzRTRXNUVFMDIXU0JDJmVuY3J5cHRIZEFkSWQ9QTAxMDg0MTQ1M0hOTFRCWUhURVEmd2lkZ2V0TmFtZT1zcF9hdGYmYWN0aW9uPWNsaWNrUmVkaXJIY3QmZG9Ob3RMb2dDbGljaz10cnVl
- Sharpie pens.





Location	Possible hazard	Action required	Action taken	Signature
Games	Allergies to certain foods	Check consent forms to make sure there are no allergies to foods used	Use different foods that comply with allergy advice if a problem.	
Big Story	Allergies to certain foods	Check consent forms to make sure there are no allergies to foods used	Use different foods that comply with allergy advice if a problem.	
Craft	Use of sharpies and the potential damage to clothes	Make children aware of the indelible nature of the pens	Supervise carefully and supply shirts to cover clothes if necessary	