



### Welcome (Parents and Carers asked to stay until after the Pilots Prayer)

Welcome back to Friends on Faith Adventures. We are looking forward to going on a journey and nobody knows where we will end up. All we know is we have got our crate filled with adventure and an open path ahead. So, hold on tight and enjoy the ride!!

Let's hear about FOFA bear and FOFA cam's adventures this week and how everyone got on with the Walking the Way challenge. (Encourage everyone, including parents and carers, to join in.)

#### The Pilots Prayer

Lord help us to be:

**P**repared for adventure

In all we do.

Loving and caring,

Open to others

Together as one community

**S**haring the love of Jesus on our way.

Amen

#### **Fun Together**

#### Game 1: All aboard

One player is the captain and the other players are the crew. Should a member of the crew fail to fulfil the task or make a mistake, the player is out of the game (out of the game, pay a deposit, do a forfeit etc.). Here are the instructions:

- "To the ship" all players run and stand to the right of the captain
- "Down on the deck" all players lie down on their stomachs
- "Attention on deck" all players salute and say "Aye, aye Capitan"
- "Three men in a boat" all players make groups of three
- "Scrub the deck" all players kneel down and mime scrubbing the decks
- "Starboard" all players run to the right side of the boat
- "Port" all players run to the left side of the boat
- "Stern" all players run to the back
- "Bow" all players run to the front





• "Man the lifeboats" – all players sit on the floor and hold their feet up in the air

### Game 2: Noah's Ark Tag

Get each of the children to pair up, leaving one person to be the chaser and one person to be the target. Get the pairs to link arms and find a space around the room. The aim of the game is for the target to try and link arms with one of the pairs. When they link with one person in another pair the person not linked needs to run and link with another pair before the chaser tags them. If the chaser does tag the target, then their roles swap.

See link for example <a href="https://m.youtube.com/watch?v=CXAbROakZEM">https://m.youtube.com/watch?v=CXAbROakZEM</a>

Today's theme is about that God might ask us to do things that surprise us / God asks us to care for his creation

### The Big Story: Will it ever stop raining Genesis 6-9

Required in the bag:

- Grey Beard made out of wool etc
- A hammer or a tool box (real or toy) or a toy carpentry tool
- Animal masks
- Dust pan and brush
- Poncho
- Water pistol

[You will need up to 9 volunteers]

Reader 1: So today we are looking at Noah and his amazing boat... we all know Noah don't we?

Reader 2: No.... arrrgh. Get it No arrh. No ar, Noah. No

Reader 1: (look disapproving) No

Reader 2: (big sigh and look glum) Ah.

Reader 1: So Noah was a man who was just going about his normal business. He was a a good man.

(Get a child to be Noah and give him a grey beard)





Reader 2: So he wasn't a boat builder then?

Reader 1: Well no not at the beginning but God told him to get busy and build a boat. God told him what to do and how to do it.

Reader 2: What? So God gave him a toolkit? (Get hammer or toy hammer out of the bag and give it to Noah)

Reader 1: He had to use his own tools, but God had a plan.

Reader 2: Oh right! (Gets rolled up scroll out of the bag, unrolls it and shows Noah the picture of an ark)

Reader 1: Well yes, God did help Noah know what to build and gave him some pretty clear instructions. But God's plan was to wash the world clean. It had all got a bit of a mess, with people doing bad things and not listening to God any more.

Reader 2: My children never listen to me either.

Reader 1: (pause) Sorry did you say something?

Reader 2: Not you as well!

Reader 1: Ha Ha only kidding! God was feeling pretty angry with the way things were going and decided to make a clean sweep and start again

Reader 2: (get out dust pan and brush and hold it up, questioningly)

Reader 1: Not that kind of sweep! He decided that they needed to start again with the world. And so he instructed Noah to build a massive boat. Noah was to take his wife and children on the boat with him and then get two of each animal on the boat too, male and female.

Reader 2: That must have been impossible! Have you ever tried to catch a hamster!

Reader 1: I don't think they had to catch them, I think God brought the animals to him.

Reader 2: So let me get this right. There were two lions? (get out two lion masks and place on children, Encourage these children to roar like lions)

Reader 1: Yes

Reader 2: Two monkeys? (get out two monkey masks and place on children. Encourage these children to gibber like monkeys and scratch under their arms – the lions should continue to roar)

Reader 1: (slightly louder) Yes





Reader 2: Two elephants? (get out two elephant masks and place on children. Encourage these children to trumpet like elephants and raise their arms like trunks – lions and monkeys should still be making their noises)

Reader 1: (Even louder!) Yes

Reader 2: It's getting a bit noisy in here! BE QUIET! (Encourage the children to stop making animal noises!)

Reader 1: There was a male and a female of every type of animal, from the tiniest to the most ginormous, everyone had their place in the big boat known as the Ark.

Reader 2: Woah, I wouldn't want to be in charge mucking out! That is a lot of poo! (Pick up the dustpan and brush again and rapidly give it to one of the children)

Reader 1: Indeed, but he managed it. He got all the animals and his family safely onto the boat.

Reader 2: And then what? He had the biggest zoo in the world, on a boat, on dry land? Was that God's plan?

Reader 1: Then God made it rain (Get the children to tap their fingers gently on the floor like gentle raindrops)

Reader 2: Hold on Noah's going to get wet (get out poncho and water spray/water pistol and put/spray on Noah)

Reader 1: And it rained, (Get them to click fingers) and it rained, (Get them to clap hands) and it rained. (Get them to stamp their feet and clap their hands)

Reader 2: Hurry up! Me water pistol is running out!

Reader 1: It rained for 40 days and 40 nights until the whole world was under water.

Reader 2: I imagine he was glad of the floating zoo now?

Reader 1: When it finally stopped raining, Noah sent out a raven to see if it could find any dry land but it just flew around and then came back to the Ark. The same thing happened when he sent a dove out in search of dry land.

Reader 2: I hope Noah and his family didn't get sea sick. It looks like they are going to be drifting around for a while.





Reader 1: Finally Noah sent out another dove and this time it came back with a piece of olive tree in its mouth and Noah knew that it must have found dry land and they could all get off the boat at last and make a new home in the clean world.

Reader 2: Did he keep the boat in case God decided to start again...Again!

Reader 1: No God put a rainbow in the sky. It was a sign of his promise that he would never get that angry in the same way with the world again.

Reader 2: So a rainbow is a sign of God's promise?

Reader 1: That's right.

Reader 2: I wonder what a perfect world looks like to God?

### **Creative Adventure**

### Craft 1: calming glitter bottles

You will need:

- Clear used plastic bottles (500ml fizzy drink bottles will do) or jam jars
- Funnel
- Mixing bowl
- Hot water
- Blue food colouring
- Glitter glue
- Glitter
- Glue gun (adult use only) or superglue
- Rainbow stickers <a href="https://www.amazon.co.uk/Baker-Ross-Colourful-Stickers-Children/dp/800VWUDPFY/ref=sr">https://www.amazon.co.uk/Baker-Ross-Colourful-Stickers-Children/dp/800VWUDPFY/ref=sr</a> 1 5?keywords=rainbow+stickers&qid=1576496610&sr=8-5

Mix glitter glue, glitter, food colouring and warm water in a bowl then pour into the empty bottle or jam jar using a funnel. Leave about 4cm at the top of the bottle without liquid in.

Away from the children, get an adult to use a glue gun to fasten the lid firmly in place.

Use the rainbow stickers to decorate the front of the bottle.





Children can shake the bottle when frustrated and, as the glitter settles, feel God's promise helping them to feel calm again.

#### Craft 2: Animal masks

#### You will need:

- Paper plates
- Colouring pens
- Scissors
- Wool for hair, pipecleaner whiskers etc
- Elastic
- Coloured paper

Cut two eye-holes in the paper plates – it may be necessary for an adult to do this in advance.

Decorate the plate to look like an animal that may have gone onto the ark. You could use wool for the hair, pipe cleaners for whiskers etc.

Cut ears out of sugar paper or card and glue/tape/staple to the top of the plate.

String elastic around the back of the plate to hold it in place.

### Wondering questions to use during creative time:

I wonder it what it was like on the Ark with all those animals – how did Noah stop the lions eating the monkeys?

I wonder what sort of things make God sad about the world?

I wonder how we can make this world a better place?

### **The Adventure Map**





Explain the Adventure Map and how a lot of the books were written shortly after Jesus's time. They tell us about what Jesus said and did and how his friends lived their lives, sharing with others how to be good followers of Jesus.

Take the young people to the Adventure Map that you have created on the wall. Get the children to find where on the Map today's story came from. Choose one or some of the things created by the children to be photographed and attach this to the wall to create a visual reminder of where the story came from and your adventure together. The aim is that in a year you will have lots of reminders of the stories and where in the Bible they come from. Use a piece of string or ribbon to connect the photo of the craft work to the book of the Bible.

### **Walking the Way**

This is a time to invite the parents and carers back in to share what the children have been up to during the session. They will also be here to hear about the Walking the Way challenge and the tasks (should they choose to accept them) that the children (and parents) are about to undertake.

For the Younger: FOFA the bear

This is FOFA. FOFA likes nothing more than to go on an adventure; FOFA is a little more adventurous than me. FOFA believes that faith is a journey and that's why FOFA would love to take you on a journey with him and walk the way of God in our everyday lives. Each session FOFA would like to go home with one of you and add to FOFA's scrapbook of things you do together. FOFA doesn't mind if you draw a picture of what you have done, take a photograph or just write a story about it. FOFA also doesn't mind if you just come and tell the rest of us what you got up to together. But because FOFA's memory isn't very good as FOFA's brains are made of stuffing, it would be better to save the memories in the book if you can. At the end of our time together we can always remember the great adventures we have been on together with FOFA and hopefully you will walk a little closer with God.

For the Older: FOFA cam

This camera is your window on the world. You have one shot at this, so choose carefully. You will be given a very precious piece of equipment – a FOFA cam. You have one photo to take with the camera, that records one thing – a way you have met the challenge. If there are other people in the photo, please ask their permission first and explain this photo will be put on display here. Bring back the camera and your photo next time to share your moment - and remember you only have ONE shot at this!





Every time we will choose someone to take FOFA bear and someone to take FOFA cam to help them with the challenge – but we can all have a go at the challenge!

Our Walking the Way Challenge this time is: Plant some seeds of wildflowers that bees like. Pray that God will help them grow to feed and protect the bees and other insects. OR put up a bird feeder and fill it with seeds.

### Adventurers Go!

So, today's story was about how God asked Noah to do something surprising to care for the world and Noah did it, even though it seemed a really odd thing to do. God has a plan for us too, and may ask us to do some surprising things that make a difference in his world.

### Prayers (choose one/both)

Dear God

We are listening – what are you calling us to do?

Is it big or small? Easy or difficult? Strange or ordinary?

Help us to listen and look out for ways in which we can do what makes you happy.

Thank you for our beautiful world and for your promise to care.

#### Amen

#### **Active Prayer**

Start by tapping fingernails on the floor like gentle raindrops When times are a little bit tough

(Click fingers a little louder) When things aren't going quite right for us

(Clap hands together gently) When we are feeling grumpy or irritable

(Clap hands louder) When we are annoyed or upset or make bad choices

(Stamp feet loudly) When we've really had it and want to start the day again

(Reach out with an arm and trace a rainbow shape in an arc over your head)

Remind us of your promise and help us start afresh. **Amen** 





**End Prayer Every Session: Altogether** 

We are Friends on Faith Adventures, travelling together with God.

Adventurers go! Amen





### What you will need:

#### Game:

### Story:

- Grey Beard made out of wool etc
- A hammer or a tool box (real or toy) or a toy carpentry tool
- Animal masks (supplied)
- Dust pan and brush
- Poncho
- Water pistol

### **Craft:**

- Clear used plastic bottles (500ml fizzy drink bottles will do) or jam jars
- Funnel
- Mixing bowl
- Hot water
- Blue food colouring
- Glitter glue
- Glitter
- Glue gun (adult use only) or superglue
- Rainbow stickers <a href="https://www.amazon.co.uk/Baker-Ross-Colourful-Stickers-Children/dp/800VWUDPFY/ref=sr">https://www.amazon.co.uk/Baker-Ross-Colourful-Stickers-Children/dp/800VWUDPFY/ref=sr</a> 1 5?keywords=rainbow+stickers&gid=1576496610&sr=8-5

### OR

- Paper plates
- Colouring pens
- Scissors
- Wool for hair, pipecleaner whiskers etc
- Elastic
- Coloured paper





Location	Possible hazard	Action required	Action taken	Signature
During session	Use of sharpies and possible damage to clothes	Consider offering protective clothing	Offer children protective clothing and warn older children of the indelible nature of the pens.	
During session	Use off scissors possible cutting of hands	Use rounded end scissors or closely supervise young children	Allocate a helper to the younger children or get an adult to do the cutting	
During session	Glue gun or superglue may cause injuries to skin	Gluing to take place away from where the children are and to be done by a responsible adult, taking appropriate precautions. Glue gun not to be left unattended.	Allocate an adult to be with the glue gun at all times. Work on a heat-proof surface.	